

# Alexis M. Solheid

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## Regional:

Awesome 80's	Female Soloist, Choreographer	The Americana Theatre
British Invasion	Tribute Artist, Bass Player	The Americana Theatre
Rock 'n' Roll Royalty	Tribute Artist	The Americana Theatre
Legally Blonde	Delta Nu, Dance Captain	Lyric Arts Mainstage Theater

## Educational/Community:

Sweet Charity*	Ensemble, Asst. Dance Captain	Viterbo University Main Stage
Make Me A Song*	Sally U/S, Dance Captain	Viterbo University Weber Center
Elf	Sam, Dance Captain	La Crosse Community Theater
Sister Act	Sister Mary Robert	The Phipps Center for the Arts
Next to Normal	Natalie	College of St. Benedict
Camp Rock	Mitchie	Merrill Arts Center
Red, Hot, and Cole	Principal Dancer	Theater in the Round Players
Newsies	Bowery Beauty	Ashland Productions

## Opera:

A Game of Chance	Knitter 2	College of St. Benedict
Princess Ida	Ensemble	College of St. Benedict

## Training:

Voice: Thomas Gunther, Tara Lyons, Patricia Kent, and Samantha Laumann

Dance: Jazz and Musical Theater Dance (Shane Rhoades), Ballet (Tammy Schmidt), Tap (Nikki Balsamo)

Acting: Student of Erin Jerozal, Rick Walters, and Matthew Scott Campbell

Education: Viterbo University Musical Theater, College of Saint Benedict Political Science and Asian Studies

## Special Skills:

Tribute artist: Stevie Nicks, Carole King, Connie Francis, Dusty Springfield, and Nancy Sinatra

Gymnastics (aerial cartwheel, front walkover, splits) Squeaky toy noise, Ice and Roller skates/blades

Conversational Spanish, Basic Chinese; Intermediate piano and Electric Bass, Chording on guitar and ukulele

NASM and TRX Certified Personal Trainer, Driver's license; U.S. Passport; Red Cross CPR and AED certified

\*: denotes performances cancelled due to COVID-19